

# Summertime Bucket List

Summer is the perfect time to #GrowEatPlay and indulge in the bounties of local flavors. As the sun shines bright and the days get longer, embark on a culinary adventure with our Summertime Bucket List that revolves around savoring delicious local foods.



- Grab a Bag of Sweet Corn from a Roadside Stand**  
Hit the backroads and grab a bag of locally grown sweet corn.
- Pack a Local Picnic**  
Enjoy the sunshine while relishing the flavors of your community.
- Attend a Farmers Market You've Never Been To**  
Discover unique offerings and support new local vendors.
- Try a Free Sample at a Farmers Market**  
Discover delightful treats while supporting local vendors.
- Find the Perfect Tomato**  
Nothing beats the burst of flavor from a ripe, juicy tomato.
- Attend a Farm-to-Fork Dinner**  
Indulge in exquisite dishes crafted with the best ingredients.

**Visit [HealthyHarvestNI.com](https://HealthyHarvestNI.com) to find local farms, seasonal recipes, and so much more!**

